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- : Faculty of Medicine Univ of Indonesia,
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Multidisciplinary Approach in Cancer Management





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Presented at: Manado Cancer Update Symposium Saturday, 27th January 2018



Disclosure

I have no conflict of interest to disclose.

Overview

- Cancer care workflow
- Cancer treatment modalities
- Multidisciplinary tumor board (MDT)
- Take home messages



Predicted global cancer cases

Cases (millions)



International Agency for Research on Cancer



GLOBOCAN 2012: Estimated Cancer Incidence, Mortality and Prevalence Worldwide in 2012 Cancer is one of the Leading cause of dead in the population :

- Cancer Kills more than
 Heart Disease and
 Stroke.
- Cancer Kills more than
 the total cause of dead
 from TBC + Malaria + HIV

This number is continue to increase until more than two times in twenty years! 70% occurred in **Developing Countries**.

Updated projections of global mortality and burden of disease, 2002-2030 (WHO 2005)

Catactrophic	20)14		Catastrophia	20)15
Catastrophic	Cases	Cost \$		Catastrophic	Cases	Cost \$
Heart Disease	3.417.806	330.826.016		Heart Disease	6.158.157	495.841.536
Renal Failure	1.151.501	122.031.377		Renal Failure	2.164.058	201.558.976
Cancer				94	1.325.776	172.171.861
Stroke	Localized			99	839.373	83.257.885
Thalassemia				99	108.451	31.203.008
Cirrhosis Hepatis				74	124.118	18.128.932
Leukemia	Regional			86	62.712	12.987.315
Haemophilia				84	26.665	7.005.453
		16				
Catactrophic	Distant	25			to Septer	mber 2017
Catastrophic	(24		HIGHER C	OST	Cost \$
Heart Disease	5.		48		7.027.165	482.891.661
Renal Failure	1. Unstaged		48		1.292.195	157.440.930
Cancer	1.		50	I	955.575	102.696.644
Stroke	0	25	50	75 100	1.098.307	96.748.634
Thalassemia	105.316	30.522.289		Thalassemia	117.984	27.811.582
Cirrhosis Hepatis	104.072	14.769.056		Leukemia	66.892	15.726.252
Leukemia	55.681	11.419.555		Cirrhosis Hepatis	106.653	15.127.401
Haemophilia	31.563	9.452.116		Haemophilia	30.020	12.263.858

Source": BPJS ; Rate 1\$ = Rp.13.320



Cancer Care Workflow

	Screening & Early Detection	Biopsy	Staging and Risk Stratification	Treatment (definitive)				
Breast Cancer	Mammography	Core biopsy	TNM	Surgery				
Prostate cancer	PSA	TRUS core biopsy	D'Amico	Surgery; Radiotherap	у			Rehabilita
Rectal cancer	Colonoscopy	Per colonoscopy biopsy	TNM	TME		Follow-u	n	tion (palliation
Cervical cancer	Pap smear	Biopsy	FIGO	Surgery; Radiotherap	у		٢	& End-of-
Lung Cancer	Low dose CT	TT biopsy	TNM	Surgery				
l Gas L	Radiology troenterology aboratory Pathology etc	Pathology	Oncologist Surgeon Internal Med Obgyn ENT etc	Oncologist	Oncol Surg Interna Obg EN et	ogist eon Il Med gyn IT c	P Pallia	M&R tive care

Cancer Prevention





"How much longer do I have before I have to change to a healthy lifestyle?"

Early **Detection**



Biopsy





ERECTIONS WHILE DESTROYING A ONCE HAPPY MARRIAGE.



Staging and risk stratification

" Triple Diagnosis"



What **role** do these modality have in the management of cancer?



Medical Treatments **Novel & Promising** Still accumulating Evidence



Follow-up & rehabilitation





and arms to their original positions will take weeks of physical therapy."



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What **role** do these modality have in the management of cancer?



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Cancer Management Really Evolution? Or survival of the fittest !!



SURGERY EVOLUTION





The mesorectum in rectal cancer surgery—the clue to pelvic recurrence?

Five cases are described where minute foci of adenocarcinoma have been demonstrated in the mesorectum several centimetres distal to the apparent lower edge of a rectal cancer. In 2 of these there was no other evidence of lymphatic spread of the tumour. In orthodox anterior resection much of this tissue remains in the pelvis, and it is foci might lead to suture-line or pelvic ision of the mesorectum has, therefore, been of over 100 consecutive anterior resections. were classified as 'curative' or 'conceivably

have now been followed for over 2 years with no ecurrence.

Site of tumour deposits in Case 6

1. Br. J. Surg. 1982; 69: 613-616.

RADIOTHERAPY









MILESTONES IN RADIOTHERAPY



2D-Conventional



nal Co

3D-Conformal

IMRT

IRT+
Theranostic
Imaging





DOSE

р е

c e n t

- Reduced Toxicity
- Improved Efficacy

Stereotactic ablative body radiotherapy (SABR)







CHEMOTHERAPY DEVELOPMENT



CHEMOTHERAPY DEVELOPMENT

Cure of ALL & Ho 1963–70	lgkin's disease	(51–56, 63–66)	First mono	oclonal anti	body approved · 1997	- 🥨		R	
Vinca alkaloids (5 1963 Xenografts in	0)	-	Imat	tinib (Glee	vec) (95–98) 1996	A.			
Adju 1968	1975 vant chemoth –75	erapy (79–83)	Cancer mo begins to	ortality decline 1990	Tyrosine kinas	e inhibitors (9	4-101)	<u>_</u>	
Cure of testicular on Nationa	cancer (86–88) 1976 I	C NCI investment i	ell culture s n	ystems 1990	Molecul	ar profiling 2002	2003	Target specif 2007	fic screens
Cancer Ac 197		molecular biolo 19	gy 84		Genome so	equenced 2001		Mortality dec 2007	line accelerates
	1	1		I			I		

CHEMOTHERAPY DEVELOPMENT



Time, effort , financial support

BIO-THERAPY/TARGETED THERAPY



1. Hanahan D, Weinberg RA. The hallmarks of cancer. Cell 2000; 100(1): 57-70.

Review

A Novel Approach in the Treatment of Cancer: Targeting the Epidermal Growth Factor Receptor¹

Fortunato Ciardiello² and Giampaolo Tortora

Cattedra di Oncologia Medica, Dipartimento di Endocrinologia e Oncologia Molecolare e Clinica, Università di Napoli "Federico II," 80131 Napoli, Italy



1. Clin Cancer Res 2001



TUMOR IMMUNOTHERAPY

Tumor Immunotherapy Directed at PD-1

Antoni Ribas, M.D., Ph.D.



Blockade of PD-1 or CTLA-4 Signaling in Tumor Immunotherapy.

Future therapeutics targets in the immunoglobulin receptor family



1. https://www.astro.org/Patient-Care/Research/Research-Primers/Immune-Checkpoint-Inhibitors/

Randomized Phase III Trial of Concurrent Accelerated Radiation Plus Cisplatin With or Without Cetuximab for Stage III to IV Head and Neck Carcinoma: RTOG 0522

K. Kian Ang,[†] Qiang Zhang, David I. Rosenthal, Phuc Felix Nguyen-Tan, Eric J. Sherman, Randal S. Weber, James M. Galvin, James A. Bonner, Jonathan Harris, Adel K. El-Naggar, Maura L. Gillison, Richard C. Jordan, Andre A. Konski, Wade L. Thorstad, Andy Trotti, Jonathan J. Beitler, Adam S. Garden, William J. Spanos,[†] Sue S. Yom, and Rita S. Axelrod



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- The 3-year PFS probabilities were 61.2% (95% CI, 56.7% to 65.8%) for arm A and 58.9% (95% CI, 54.2% to 63.6%) for arm B (P .76).
- The 3-year probabilities for OS were 72.9% (95% CI, 68.7% to 77.1%) for arm A and 75.8% (95% CI, 71.7% to 79.9%) for arm B (P .32).

Cetuximab plus cisplatin-radiation, versus cisplatin-radiation alone, resulted in more frequent interruptions in radiation therapy (26.9% v 15.1%), and and more grade 3 to 4 radiation mucositis (43.2% v 33.3%)

Adding cetuximab to radiation-cisplatin did not improve outcome

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Patients with p16-positive OPCs, compared with patients with p16-negative OPCs, had significantly better

- PFS (3-year probability, 72.8% v 49.2%, respectively; P< .001) and
- OS (3-year probability, 85.6% v 60.1%, respectively; P <.001)

PFS and OS were higher in patients with p16-positive OPC.

New biomarker in cancer ??

1. J Clin Oncol 2014; 32: 2940 – 2950.



Novel cancer treatment to inhibit cancer treatment resistance.





Cancer management IS an evolution !!



billions of year

Overview

- Cancer care workflow
- Cancer treatment modalities
- Multidisciplinary tumor board (MDT)
- Take home messages

Comprehensive Cancer Care/ Multidisciplinary tumor board



MINI-REVIEW

Effects of a multidisciplinary team on colorectal cancer treatment



Yuan-Tzu Lan^{a,b}, Jen-Kou Lin^{a,b}, Jeng-Kai Jiang^{a,b,*}

- An MDT is defined as "a group of people of different healthcare disciplines, which meets together at a given time (whether physically in one place, or by video or teleconferencing) to discuss a given patient and who are each able to contribute independently to the diagnostic and treatment decisions about the patient".
- The composition of an MDT for cancer care includes specialists from medical oncology, surgical oncology, radiation oncology, pathology, diagnostic and interventional radiology, palliative care, nursing professionals, nutritionists, and social workers.

Preoperative decision making for rectal cancer

Panagiotis Taflampas, M.D.^{a,}*, Manousos Christodoulakis, M.D.^b, Eelco de Bree, M.D.^b, John Melissas, Ph.D.^b, Dimitris D.A. Tsiftsis, Ph.D.^b

A 6-stage process for the management of rectal cancer after establishing its diagnosis and excluding systemic disease

- 1. A phased-array-coil, fine slice, pelvic <u>MRI is performed</u>, which provides the essential elements for the preoperative decision making for rectal cancer.
- 2. The MDT discusses the patient's case and the <u>overall treatment plan is formed.</u>
- 3. <u>Preoperative CRT is administered when indicated</u>. Selection for preoperative CRT principally is according to preoperative MRI.
- 4. A <u>detailed precise surgical procedure is performed</u> according to TME concept.
- 5. <u>Pathologic audit of the specimen based on the Quirke protocol is performed</u> postoperatively.
- 6. The case is evaluated thoroughly within the MDT and decisions regarding <u>postoperative treatment</u> are made along with surgical audit and feedback from the pathologists.

1. Am J Surg 2010; 200(3): 426-32.

2. Br J Radiol 2005; 78:S128 – 30.

The effect of multidisciplinary teams for rectal cancer on delivery of care and patient outcome: has the use of multidisciplinary teams for rectal cancer affected the utilization of available resources, proportion of patients meeting the standard of care, and does this translate into changes in patient outcome?



Bradford Richardson, M.D., M.P.H.^a, John Preskitt, M.D.^a, Warren Lichliter, M.D.^a, Stephanie Peschka, R.N.^a, Susanne Carmack, M.D.^b, Gregory de Prisco, M.D.^c, James Fleshman, M.D.^{a, *}

We examined the data from rectal cancer patients from 2 years before the adoption of MDT and the 2 years after MDT adoption. In addition, we examined the evolution over time from the beginning of MDT use by examining these 2 years separately.

Table 2 Staging				
	Pre-MDT	MDT 2013	MDT 2014	
	n = 42 (%)	n = 41 (%)	n = 47 (%)	P value
MDT before surgery	n/a	17 (41)	25 (53)	.2719
CEA measured preop	29 (69)	30 (73)	37 (79)	.5800
Imaging				
ERUS or MRI	11 (26)	33 (80)	38 (81)	<.0001*
ERUS	5	7	7	
MRI	6	35	38	
Rigid proctoscope	14 (33)	21 (51)	24 (51)	.1624
Chest	17 (40)	26 (63)	37 (79)	.0010*
Colonoscopy	40 (95)	41 (100)	45 (96)	.3828
All 4†	3 (7)	12 (29)	11 (23)	.0320*
Distance from anal verge evaluated				.0096*
By rigid proctoscope	11 (26)	18 (44)	20 (43)	
By other modality	20 (48)	19 (46)	26 (55)	
Not documented	11 (26)	4 (10)	1 (2)	
Operation type				.0018*
Local (TAE or TAMIS)	9 (22)	7 (18)	4 (9)	
LAR	29 (69)	25 (63)	17 (40)	
TATA	0 (0)	1 (3)	3 (7)	
APR	4 (10)	7 (18)	18 (43)	
Appropriate APR	2 (50)	5 (71)	14 (78)	.1912
Appropriate local excision	2 (22)	2 (29)	3 (75)	.1664
Proper neoadjuvant	35 (83)	40 (98)	45 (96)	.0282*
Restaging after neo	7 (29)	22 (65)	31 (78)	.0005*
Complete pathology report	33 (79)	36 (92)	37 (90)	.1381
Proper adjuvant	35 (84)	32 (82)	29 (71)	.4342

*P < .05.

APR = abdominoperineal resection; CEA = carotid endarterectomy; CT = computed tomography; DRE = Digital rectal exam; ERUS = endorectal ultrasound;

LAR = low anterior resection; MDT = multidisciplinary team; MRI = magnetic resonance imaging; TAE = transanal excision; TAMIS = transanal minimally invasive surgery; TATA = transanal transabdominal low anterior resection.

[†]For example, MRI, CT, DRE, and flexible sigmoidoscopy.

Table 3 Quality of surgery				
	$\frac{\text{Pre-MDT}}{n = 42 \text{ (\%)}}$	MDT 2013 n = 39 (%)	MDT 2014 n = 41 (%)	P value
TME				<.0001*
Complete/nearly	2 (6)	20 (61)	29 (76)	
Incomplete	0 (0)	10 (30)	8 (21)	
Not stated	31 (94)	3 (9)	1 (3)	
Negative distal margin	32 (97)	30 (91)	37 (97)	.3784
Negative CRM	29 (88)	28 (85)	33 (87)	.9348
\geq 12 RLNs	24 (71)	27 (82)	36 (95)	.6534

*P < .05.

CRM = circumferential resection margins; MDT = multidisciplinary team; RLM = regional lymph node; TME = total mesorectal excision.

Table 4 Outcomes

	Pre-MDT	MDT 2013	MDT 2014
	n = 42 (%)	n = 39 (%)	n = 41 (%)
Persistent local tumor	2 (5)	2 (5)	0 (0)
Persistent distant tumor	7 (17)	1 (3)	0 (0)
Recurrence, local only	4 (10)	0 (0)	0 (0)
Recurrence, distant only	2 (5)	0 (0)	1 (2)
Recurrence, local and distant	2 (5)	0 (0)	0 (0)
Mean time to recurrence (months)	27.0		3.0
Mean time from resection (months)	30.7	14.5	6.5
MPT INTE THE I			

MDT = multidisciplinary team.

Review

Evaluation of the benefit and use of multidisciplinary teams in the treatment of head and neck cancer



Lisa Licitra^a, Ulrich Keilholz^b, Makoto Tahara^c, Jin-Ching Lin^d, Pauline Chomette^e, Philippe Ceruse^f, Kevin Harrington^g, Ricard Mesia^{h,*}

What has been the main benefit to patients?

- <u>A full team</u> of allied healthcare professionals with access to appropriate diagnostic and therapeutic equipment provides a holistic treatment plan based on <u>scientific evidence</u> and adapted to the <u>individual patient</u>
- The time from <u>first visit to diagnosis and to treatment can be shorter</u> for patients who are seen by a well-organized MDT
- <u>Patient and family satisfaction</u> increase when they are immersed in a good organization
- Patients receive increased discussion of treatment options and access to innovative clinical trials
- <u>Patients may trust</u> a proposed treatment based on the collective recommendation of the MDT without the need to request a second opinion

Review

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Lisa Licitra^a, Ulrich Keilholz^b, Makoto Tahara^c, Jin-Ching Lin^d, Pauline Chomette^e, Philippe Ceruse^f, Kevin Harrington^g, Ricard Mesia^{h,*}

What has been the main benefit to **clinician**s?

- <u>Information is shared quickly and easily,</u> and communication between specialists is improved. Clinicians can focus on their specialties and not have to manage issues outside of their competence, resulting in increased professional satisfaction
- MDT meetings provide a <u>continuous learning environment</u> that <u>improves the training</u> of fellows and the overall competence of the team; sharing of experience is especially helpful for <u>difficult cases</u> whereby team members can learn from their colleagues
- The experience of <u>shared responsibility</u>, <u>knowledge</u>, <u>and skills</u> for the care of patients with a difficult-to-treat disease gives reassurance to the clinician; sharing of the final treatment outcome for interesting cases aids learning
- <u>The newest treatments and protocols can be discussed and proposed to our patients</u>
- The organization decreases the inappropriate consumption of health resources
- The implementation of an MDT approach may improve patient recruitment to trials

Is it worth reorganising cancer services on the basis of multidisciplinary teams (MDTs)? A systematic review of the objectives and organisation of MDTs and their impact on patient outcomes

Joan Prades^{a,*}, Eline Remue^b, Elke van Hoof^c, Josep M. Borras^{a,d}

ABSTRACT

Multidisciplinary teams (MDTs) are considered the gold standard of cancer care in many healthcare systems, but a clear definition of their format, scope of practice and operational criteria is still lacking. The aims of this review were to assess the impact of MDTs on patient outcomes in cancer care and identify their objectives, organisation and ability to engage patients in their care. We conducted a systematic review of the literature in the Medline database. Fifty-one peer-reviewed papers were selected from November 2005 to June 2012. MDTs resulted in better clinical and process outcomes for cancer patients, with evidence of improved survival among colorectal, head and neck, breast, oesophageal and lung cancer patients in the study period. Also, it was observed that MDTs have been associated with changes in clinical diagnostic and treatment decision-making with respect to urological, pancreatic, gastro-oesophageal, breast, melanoma, bladder, colorectal, prostate, head and neck and gynaecological cancer. Evidence is consistent in showing positive consequences for patients' management in multiple dimensions, which should encourage the development of structured multidisciplinary care, minimum standards and exchange of best practices.

Review Article

Cancer Multidisciplinary Team Meetings: Evidence, Challenges, and the Role of Clinical Decision Support Technology

Study	E^*	Total cases	Cancer type	Difference in MDT meeting arm and control arm with respect to the outcome
[15]	4	269	Breast	Time to treatment (29.6 versus 42.2 days) [§]
[16]	4	112	Lung	NSD
[8]	3b	67	Glioma	NSD
[18]	3b	118	Upper GI	MDT improved staging accuracy ⁸
[19]	4	208	Melanoma	MDT saved \$1600 per patient
[20]	4	50	Lung	NSD, Team discussion did not improve the quality of decision making overall.
[21]	5	72	Breast	lower prevalence of psychiatric morbidity (15.7% versus 26.6% $P < 0.005)$
	Study [15] [16] [8] [18] [19] [20] [21]	Study E* [15] 4 [16] 4 [8] 3b [18] 3b [19] 4 [20] 4 [21] 5	Study E* Total cases [15] 4 269 [16] 4 112 [8] 3b 67 [18] 3b 118 [19] 4 208 [20] 4 50 [21] 5 72	Study E* Total cases Cancer type [15] 4 269 Breast [16] 4 112 Lung [8] 3b 67 Glioma [18] 3b 118 Upper GI [19] 4 208 Melanoma [20] 4 50 Lung [21] 5 72 Breast

Vivek Patkar,^{1, 2} Dionisio Acosta,² Tim Davidson,¹ Alison Jones,¹ John Fox,³ and Mohammad Keshtgar^{1, 2}



Summary of empirical evidence on the effectiveness of cancer MDT meetings

1. International Journal of Breast Cancer 2011.

Overview

- Cancer care workflow
- Cancer treatment modalities
- Multidisciplinary tumor board (MDT)
- Take home messages

Take home messages

- Cancer workflow: from prevention to rehabilitation
- Cancer treatment is an evolution
- An MDT is defined as "a group of people of <u>different healthcare</u> disciplines, which <u>meets together at a given time</u> (whether physically in one place, or by video or teleconferencing) to discuss a given patient and who are each able to contribute independently to the <u>diagnostic and treatment</u> decisions about the patient".
- Benefit of MDT approach
 - improved staging accuracy
 - increased adherence to clinical practice guidelines
 - more cost-effective care
 - Better patient experience and increase patient satisfaction
 - reduce time to treatment
 - improve outcomes

	Menetapkan : PERATURA]			Pasal 6
PERATURAN MENTER	PENYELEN(FASILITAS I	(1) D.1	MANAJEMEN PEL	(1) <u>Dalam rangka menjamin mutu pelayanan kanker, tim multidisiplin</u>
NON	THORNES .	(1) Pelayanan kanker di Iasi		<u>melaksanakan</u> forum <u>diskusi</u> rutin atau sewaktu – waktu bila
PENYELENGGARAAN PELA		secara berjenjang berda		diperlukan.
		<u>kesehatan</u> , yang <u>mencak</u> u	(1) Setiap rumah sakit	(2) Forum diskusi rutin sehagaimana yang dimaksud nada ayat (1)
	Pengaturan Penyelenggaraa	paliatif / rehabilitatif.	menerapkan manaje	antara lain mombahas:
DENGAN RAH	meliputi:	(2) <u>Pelayanan kanker di fa</u>	(2) Manajemen pelava	a columb pacion har use
		dimaksud ayat (1) terdiri d	multidisiplin, int	h trave a
MENTERI KESE	a. terselenggaranya pelayar	a. pelavanan kanker ting	berorientasi pada	BEGISTA'
	terjangkau, merata, terst	h pelayanan kanker ting		AND RE CILLO MISAI VENA KAVA
Menimbang : a. bahwa p	di lasilitas pelayanan kes	o, pelayanan kanker ung	ALLATIVE	masii, nyeri nebat, dan lam lam;
penyakit	b. terselenggaranya pelaya	c. pelayanan kan nDT,	PALLealth	yang memerlukan multi modalitas pengobatan misal
dan mer	kesehatan yang bermut	ELINES, Wieth	N OF FIC	kemoradiasi, dan lain lain;
sehingga	multidie)ELIN Minist		e. <u>kasus dengan respons terapi</u> yang <u>buruk/tidak sesuai</u> ;
kompreh	CREE for ad	by the malf kanker ya		f. <u>kasus</u> yang akan dirujuk atau dirujuk balik; dan/atau
araft DE	he signed	(4) Pelayanan kanker tingkat	(1) Rumah Sakit dala	g. <u>kasus kanker</u> yang <u>masuk</u> kriteria home
Dian	to sesinambungan yang	(1) huruf b merupakan	terpadu harus me	care/hospice/paliatif.paliatif.
(Walth	kesebatan dan nibal	spesialistik di bidang ka	kanker yang ditanga	h. <u>Kasus</u> yang <u>membutuhkan pembahasan beberapa tim multidisiplin</u> .
kanker	penanggulangan kan	vang terlihat dalam bidang	(2) Tim multidisiplin	i. Kasus sulit
penatala	penaggulangan kanker	(5) Delawanan itaniran tingkat	kurangnya terdiri i	(3) Hasil keputusan / rekomendasi terapi dari tim multidsiplin harus
berdasa	**************************************	(5) Pelayanan kanker ungkat	anatomi, dan patolo	dipenuhi oleh dokter penanggung jawab pasien yang terkait.
pada		huruf c merupakan peme	(3) Tim multidisplin se	
manajer	(1) Pelayanan kanker di fa	dan sub spesialistik di bic	dokter spesialis ata	
d. <u>Bahwa</u> d	secara berienjang ber	(6) Dalam melakukan pelaya	yaitu rehabilitasi r	Pasal 7
kesehata	kesehatan, yang mencal	ayat (3), dan ayat (4) dar	jiwa, psikolog, farm	(1) <u>Rumah Sakit</u> yang <u>memiliki lebih dari</u> 2 (dua) <u>tim multidisiplin dapat</u>
penyakit	paliatif / rehabilitatif.	lainnya.	atau ilmu lain yang	membentuk Tumor Board / Tim Onkologi Terpadu.

National cancer Guidelines (PNPK)

http://www.kanker.kemkes.go.id/guidelines.php?id=2



Source : NCCC





OUR (HOSPITAL) CANCER GUIDELINES





Cervix Cancer Nasopharynx Cancer Non Hodgkin Lymphoma





Systematic or Meta-analysis Studies

The impact of multidisciplinary team meetings on patient assessment, management and outcomes in oncology settings: A systematic review of the literature

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Brindha Pillay<sup>a,*</sup>, Addie C. Wootten<sup>a,b,c</sup>, Helen Crowe<sup>a,b</sup>, Niall Corcoran<sup>a,b</sup>, Ben Tran<sup>d</sup>, Patrick Bowden<sup>e</sup>, Jane Crowe<sup>a</sup>, Anthony J. Costello<sup>a,b,c</sup>
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ABSTRACT

Background: Conducting regular multidisciplinary team (MDT) meetings requires significant investment of time and finances. It is thus important to assess the empirical benefits of such practice. A systematic review was conducted to evaluate the literature regarding the impact of MDT meetings on patient assessment, management and outcomes in oncology settings.

Methods: Relevant studies were identified by searching OVID MEDLINE, PsycINFO, and EMBASE databases from 1995 to April 2015, using the keywords: *multidisciplinary team meeting** OR *multidisciplinary discussion** OR *multidisciplinary conference** OR *case review meeting** OR *multidisciplinary care forum** OR *multidisciplinary tumour board** OR *case conference** OR *case discussion** AND *oncology* OR *cancer*. Studies were included if they assessed measurable outcomes, and used a comparison group and/or a pre- and post-test design.

Results: Twenty-seven articles met inclusion criteria. There was limited evidence for improved survival outcomes of patients discussed at MDT meetings. Between 4% and 45% of patients discussed at MDT meetings experienced changes in diagnostic reports following the meeting. Patients discussed at MDT meetings were more likely to receive more accurate and complete pre-operative staging, and neo-adjuvant/adjuvant treatment. Quality of studies was affected by selection bias and the use of historical cohorts impacted study quality.

Conclusions: MDT meetings impact upon patient assessment and management practices. However, there was little evidence indicating that MDT meetings resulted in improvements in clinical outcomes. Future research should assess the impact of MDT meetings on patient satisfaction and quality of life, as well as, rates of cross-referral between disciplines.

Example

	Screening & Early Detection	Biopsy	Staging and Risk Stratification	Treatment (definitive)
Breast Cancer	Mammography	Core biopsy	TNM	Surgery
Prostate cancer	PSA	TRUS core biopsy	D'Amico	Surgery; Radiotherapy
Rectal cancer	Colonoscopy	Per colonoscopy biopsy	TNM	TME
Cervical cancer	Pap smear	Biopsy	FIGO	Surgery; Radiotherapy
Lung Cancer	Low dose CT	TT biopsy	TNM	Surgery

Chemoradiotherapy with or without panitumumab in patients with unresected, locally advanced squamous-cell carcinoma of the head and neck (CONCERT-1): a randomised, controlled, open-label phase 2 trial

Ricard Mesía, Michael Henke, Andre Fortin, Heikki Minn, Alejandro Cesar Yunes Ancona, Anthony Cmelak, Avi B Markowitz, Sebastien J Hotte, Simron Singh, Anthony T C Chan, Marco C Merlano, Krzysztof Skladowski, Alicia Zhang , Kelly S Oliner, Ari VanderWalde, Jordi Giralt

Interpretation In patients with locally advanced squamous-cell carcinoma of the head and neck, the addition of panitumumab to standard fractionation radiotherapy and cisplatin did not confer any benefit, and the role of EGFR inhibition in these patients needs to be reassessed.

Panitumumab plus radiotherapy versus chemoradiotherapy in patients with unresected, locally advanced squamous-cell carcinoma of the head and neck (CONCERT-2): a randomised, controlled, open-label phase 2 trial



Jordi Giralt, Jose Trigo, Sandra Nuyts, Mahmut Ozsahin, Krzysztof Skladowski, Georges Hatoum, Jean-Francois Daisne, Alejandro César Yunes Ancona, Anthony Cmelak, Ricard Mesía, Alicia Zhang, Kelly S Oliner, Ari VanderWalde

Interpretation Panitumumab cannot replace cisplatin in the combined treatment with radiotherapy for unresected stage III–IVb squamous-cell carcinoma of the head and neck, and the role of EGFR inhibition in locally advanced squamous-cell carcinoma of the head and neck needs to be reassessed.

- 1. Lancet Oncol 2015; 16: 208–220.
- 2. Lancet Oncol 2015; 16: 221–232.

The RB-pathway in cancer therapy.



Erik S. Knudsen, and Jean Y. J. Wang Clin Cancer Res 2010;16:1094-1099